

For Conference Health Plan Participants Only



Kentucky Conference The United Methodist Church

HealthFlex Exchange Getting YOU Ready for 2020!

September

- _____ Log-in to ALEX Benefits Counselor
- _____ Talk to Optum Rx about:
 - _____ Prescriptions covered under formulary
 - _____ Which Rx require pre-authorization from your doctor
- _____ Talk to Doctor about:
 - _____ Rx requiring pre-authorization
 - _____ Ensuring you have enough medicine to cover first few weeks in 2020



October

- _____ Attend Annual Election Workshop
- _____ Talk to dentist about coverage under Cigna
- _____ Talk to dentist about which dental plan to choose



November

- _____ Visit ALEX again if you need help choosing a plan
- _____ Make HealthFlex Exchange election:
 - _____ Medical
 - _____ Dental
 - _____ Vision
- _____ Communicate elections to church treasurer for payroll



December

- _____ Confirm receipt of:
 - _____ Health Insurance card from Anthem
 - _____ Health account debit card from Wage Works



Reminders

HealthFlex Church Leadership Training

Thursday, October 10

7:00 – 8:30 pm Centenary UMC (Lexington)

Sunday, October 13

4:00 – 5:30 pm Memorial UMC (Elizabethtown)



HealthFlex Annual Election Workshops

Tuesday, October 1

- 9:30 – 11:30 am Settle Memorial
- 2:30 – 4:30 pm Broadway (BG)

Wednesday, October 2

- 9:30 – 11:30 am Conference Office

Thursday, October 3

- 9:30 – 11:30 am Georgetown First
- 2:30 – 4:30 pm Richmond First

2020 Pension Billing Changes

CRSP DB

- Change from 10% to 11% due to past under-billing

CRSP DC

- No change. Billing percent to remain at 3%

CPP (Holiday ends 12/31/2019)

- Change from 3.4% to 3% due to past over-billing

	2017	2018	2019	2020
CRSP DB	10%	10%	10%	11%
CRSP DC	3%	3%	3%	3%
CPP	3.4%	-	-	3%
Total	16.4%	13.0%	13.0%	17.0%